

From Challenge to Confidence: A High-Impact Keynote by Jesse Horn

A powerful story of resilience, mindset, and unlocking human potential

Jesse Horn delivers a powerful and authentic keynote presentation that takes audiences inside his journey of growing up with autism and the pivotal moments that reshaped his life. With honesty, humor, and insight, Jesse shares the real challenges he faced early on, from communication barriers and social struggles to feelings of isolation and self-doubt, and how those experiences ultimately shaped his perspective on perseverance, growth, and human potential.

Everything began to change when Jesse discovered the sport of competitive sport stacking. What started as a simple activity soon became a powerful tool that helped him develop focus, confidence, and a belief in himself that would alter the course of his life.

Today, Jesse speaks to organizations, leadership teams, and professional audiences, offering practical insights on overcoming adversity, embracing differences, and unlocking untapped potential. His presentation combines storytelling with a dynamic sport stacking demonstration, creating a memorable and meaningful experience for everyone.

WHAT AUDIENCES EXPERIENCE:

- A powerful, real-life story of perseverance and personal growth
- A high-energy live sport stacking demonstration illustrating focus, discipline, and growth
- Practical insights on building confidence, focus, and resilience
- A fresh perspective on neurodiversity, inclusion, and unlocking potential in individuals and teams
- Actionable takeaways for individuals, teams, and leaders

PROGRAM DETAILS:

Length: 45 minutes–1 hour

Audience: Corporate teams • Conferences • Professional organizations • Leadership groups • Educators & staff

Ideal for: Conferences & keynote sessions • Corporate trainings & professional development • Diversity, equity & inclusion initiatives • Leadership and team-building events

ABOUT JESSE:

When diagnosed with autism at age 3, he did not make eye contact, did not talk, and had meltdowns that were emotionally painful for his family and himself. He received in-home applied behavior analysis therapy for two years before entering school. When he was 9, a chance encounter with a unique sport helped Jesse discover a passion that significantly boosted his personal growth and gave him a newfound sense of self-confidence. Jesse has now gone on to earn international titles in sport stacking with Team USA, is a motivational speaker and ambassador, and has guest-starred on CBS's *The Doctors*. His goal is to give motivational speaking presentations, sharing what he believes changed his life and the tool he feels could help others who struggle with autism and different abilities. Jesse is also the author of the book "Stacked Against the Odds," in which he shares his journey growing up with autism and how the sport of sport stacking helped change his life.

Contact today at:
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