

9:00 a.m.-12:00 noon

Amy Ruedinger, MDS, RN, RAC-CT

In this interactive session, we will discuss regulatory changes and updates that are relevant for Social Workers and the overall 10 Team. We will consider the role of Social Services as it relates to the various quality reporting mechanisms. We will learn how social workers can support the resident and the organization as we strive for positive quality outcomes. We will review updates to the QM reports, SNF QRP's, SNF Value Based Purchasing and the 5 Star rating system. We will briefly discuss the role of social services as we move to implementation of Phase 3 of the Mega Rule. We will allow time for questions and interactive conversation.

OBJECTIVES:

- Understand recent updates and changes to the MOS, including changes associated with PDDM
- Review updates to the various quality reporting systems, including the QM report, SNF QRP's, SNF VBP and the 5 star rating system
- Verbalize understanding of the role of Social Services in implementing Phase 3 of the Mega Rule

12:00 p.m.

Closing Evaluations, Certificates

About the Speakers

Kate Schilling, Attorney, Legal Services Manager

Attorney Kate Schilling is the Legal Services Manager at Greater Wisconsin Agency on Aging Resources, Inc., where she oversees the Senior Medicare Patrol, the Wisconsin Guardianship Support Center, and the Elder Benefit Specialist Supervising Attorney program.

She works predominantly in the areas of elder law, public benefits, and consumer law. Previously, she was in private practice in New Richmond, Wisconsin, where she practiced in estate planning, Medicaid benefits, guardianship, and general civil litigation. Kate is a board member of the State Bar of Wisconsin's Elder & Special Needs Law Section, the Public Interest Law Section, and a member of the National Academy of Elder Law Attorneys.

Prior to attending law school, Kate coordinated supports for adults with developmental disabilities, and she currently serves as a volunteer guardian for a woman with a disability living in Madison. She is also a volunteer at high school mock trial events, local free legal clinics, and Wills for Heroes. Kate is also the proud parent of a seven-year-old son with special healthcare needs.

Doug Smith, MDiv, MA, MS

Doug is the lead instructor for two counseling certificate programs at the University of Wisconsin-Madison (counseling the terminally ill and counseling the grieving). He also teaches a class in ethics and boundaries at UW. He has more than 25 years of experience as a counselor, therapist, and health care administrator, and has published eight books on care for the dying and grieving.

Amy Ruedinger, MDS, RN, RAC-CT, Founder and President, Pinnacle Innovative Healthcare Solutions, LLC

Amy has had the privilege of caring for the elderly for 30+ years, starting her journey as a nursing assistant in LTC. She has had the opportunity to work in the long term care setting as a floor nurse, care coordinator, charge nurse and MDS Coordinator. Amy has also provided both care and consultation in assisted living settings.

In 2006 Amy recognized a need for education for MDS Coordinators in the Green Bay, WI area. She organized bi-monthly meetings which focused on providing education, regulatory updates and practical tips for success. In 2008, Leading Age Wisconsin took over sponsorship of the MOS Innovation Team.

Meetings are held throughout the year in 4 locations across the state of Wisconsin, bringing networking and educational opportunities to MDS Coordinators as well as all members of the Interdisciplinary Team.

Amy started her own health care consulting business in 2005, focusing on operational analysis, regulatory compliance, systems efficiency, quality improvement, and maximizing reimbursement. Because of her years of experience in many different healthcare organizations, Amy is able to offer operational expertise in the form of systems efficiency audits with recommendations to improve processes and outcomes. Additional services include consultation, guidance and education for nursing homes and assisted living facilities. Amy continues to offer educational sessions statewide and nationally, as well as on-site consultation and guidance.

Melinda Marasch, LCSW

Melinda is a social work/mental health consultant. She has dedicated more than 20 years to her passion in helping others. She specializes in clinical training, supervision and development of programs for therapists and direct care workers.

Her expertise includes helping non-therapist direct care workers in providing efficient, effective, therapeutic care for participants. Melinda has experience in residential, school & outpatient care, within healthcare (e.g. HIV/AIDS medical case managers, patient navigators), public (e.g. department of human services case workers), and community based organizations.

Melinda is a member of the International Motivational Interviewing Network of Trainers (MINT), and has presented numerous trainings across the U.S. on therapeutic approaches such as Motivational Interviewing, Trauma Informed Care, self-care, mental health issues, de-escalation and more.

Jennifer L.T. Halter, LICSW, DCSW

Jennifer is the Milwaukee VA Medical Center Social Work Executive overseeing the practice of over 160 masters prepared social workers at the department of Veterans Affairs with experience in mental health and addiction recovery services, domestic abuse prevention, assessment and treatment, case management, and community resilience. Jennifer is passionate about teaching Veterans to navigate and use the complex system of veteran benefits and health care to maintain their independence.

Jeffrey McMillen, CSP

Jeffrey speaks about the heart and spirit of achievement in the workplace and in one's personal life, and does it with humor, "join-in" activities, and eye-opening insights. As an author, veteran speaker, trainer, seminar leader, and entertainer, Jeffrey has a dynamic style and unusually strong impact! For more than 30 years, he's brought his wealth of business, teaching, and entertainment experience to audiences from all walks of life around the globe.

Jeffrey has a bachelor's degree in radio/television/film, and a master's degree with speech/theatre emphasis. Jeffrey is a leading speaker with extensive experience in motivating people to tap into their own creativity and potential. Jeffrey is the author of "Tender Moments from the Big Chair" and "Just in Time Isn't Enough!" His work has also appeared in Chicken Soup for the Soul at Work.

Wisconsin Nursing Home Social Workers Association, Inc.

Fall Conference 2019

**Trauma Informed Care, Preparing for Long-Term Aging,
MDS Changes, Navigate Like a Pro with
Medicaid and Medicaid and Effective Listening
with Learning How to Live in the Moment**

October 10-11, 2019

**Ingleside Hotel
2810 Golf Road
Pewaukee, WI, 53072
(262) 547-0201**

Fall Conference 2019
Social Service

Wisconsin Nursing Home
Social Worker's Association, Inc.

The Wisconsin Nursing Home Social Workers Association, Inc. Annual Fall Conference is planned for Thursday, October 10th and Friday, October 11th, 2019 at the Ingleside Hotel in Pewaukee, WI. A board meeting is planned for Wednesday evening, October 9th, 2019 at 6:00pm. Members are invited and encouraged to attend the meeting.

Audience

Wisconsin Nursing Home Social Workers Association is designed for social workers, social work staff, and other long term care professionals.

Continuing Education Credit

The Wisconsin Nursing Home Social Worker Association, Inc. maintains responsibility for the program. Social workers will receive up to nine (9) continuing education clock hours in participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for license renewal.

Hotel Information

INGLESIDE HOTEL
2810 Golf Road
Pewaukee, WI 53072
(262) 547-0201

Reservation Information

A block of rooms has been set aside for participants the night before the conference October 9, 2019 as well as October 10, 2019. Room rates are \$109.00 for a single room, and \$129.00 for a double room. Room reservations MUST be made by Monday, September 9, 2019 to confirm room availability and rate. Room reservations/fees are the responsibility of the participant. Please contact the Ingleside Hotel directly and mention that you will be attending the Wisconsin Nursing Home Social Workers Association, Inc. Annual Fall 2019 Conference. You will be charged immediately upon making reservation.

Conference Information

Registration fee to attend this conference is as follows:

<i>WNSWA Member:</i>	
Both Days.....	\$165.00
Thursday.....	\$155.00
Friday.....	\$110.00
<i>Non-Members:</i>	
Both Days.....	\$210.00
Thursday.....	\$160.00
Friday.....	\$135.00
<i>Student:</i>	
Both Days.....	\$40.00
Thursday.....	\$25.00
Friday.....	\$25.00

The fee covers registration for the break, refreshments, & lunch. Participants are responsible for their individual workshop fees. The full fee should be sent with your registration either by a check or money order made payable to the Wisconsin Nursing Home Social Workers Association, Inc. We're are unable to accept credit cards.

10:00 a.m. - 12:00 p.m.

Beyond Self-Care, Secondary Trauma, Compassion Fatigue and Burn-Out (Trauma Informed Self-Care)

Melinda Marasch, LCSW

Trauma Informed Care (TIC) is an important best practice model for all direct care workers to understand. NEAR Sciences, a collaboration of neurobiology, epigenetics, adverse childhood experiences, and resilience sciences, along with other disciplines identify several approaches to self-care that help mitigate stress, trauma, vicarious trauma, compassion fatigue and burn-out. Understanding how we are affected, as well as how we can care well for ourselves and others, will undoubtedly help us lead and shape the future together.

OBJECTIVES:

- Describe Stress, Trauma, Vicarious/Secondary Trauma, Burn-Out & or Compassion Fatigue
- Participants will be able to identify at least one way to insulate themselves from Vicarious/Secondary Trauma, Burn Out &/or Compassion Fatigue
- Identify at least one thing participants will do for better Self-Care.

12:00-12:45 p.m.

Lunch

Balsamic Ranch Grilled Chicken Breast - Chicken Breast with crisp bacon and sliced tomato, served on a warm roll.

1:00 - 2:30 p.m.

Breakouts

1) Whose Life Are You Leading, Anyway? Humor and Creativity in Your Work Life

Jeffrey McMullen, CSP

This creative and energizing program focuses on the very real and practical benefits of humor in life! Participants will learn to identify and overcome some common barriers to creativity, unleashing the positive power of humor in their lives.

2) Navigate Like a Pro: The Ins and Outs of Medicare and Medicaid

Kate Schilling, Attorney, Legal Services Manager

OBJECTIVES:

- Understand the program eligibility rules for long-term care Medicaid law
- Learn about spousal impoverishment protections under Medicaid law
- Identify Medicaid divestments and how penalties are calculated
- Recognize costs that can be used to offset the monthly patient liability
- Review when a person needs a Medicare Part D plan and how to compare coverage options
- Learn about the skilled nursing facility coverage criteria under Medicare
- Discuss strategies to help consumers maximize their insurance coverage.

3) Preparing for Long-Term Aging: Supporting the Aging Veteran Population

Jennifer L. T. Hutter, LICSW, DCSW

As the Baby Boom population ages, there is greater need to help the community prepare for long-term aging. The Baby Boom generation is the first generation to experience the impact of the all-volunteer military environment. This means there are fewer of this generation who served during a time of war (i.e. post-Vietnam). Many of these Veterans and older Veterans are eligible for VA care but may not have enrolled for VA because they weren't injured while on active duty. There are benefits available for Veterans who have impaired functions as they age. Many Veterans are not aware of these benefits. Additionally, there is a large number of Veterans who are not preparing for long-term aging.

The presenter will share information about VA eligibility and available services for the aging Veterans. These resources include home health care, nursing home care, Advance Care planning, Life Sustaining Treatment and Goals of Care conversations, palliative and hospice care. Additionally, the presenters will distinguish between Federal VA and State VA resources.

4) Ethics & Boundaries 1:00 - 5:00 p.m.

Doug Smith, MDiv, MA, MS

Jeff, McCabe SW

Each participant will develop his or her own personal criteria for addressing possible future dilemmas related to professional ethics and professional boundaries. Participants will examine in detail several case studies that involved the presenter in his employment as a health care provider and administrator, a member of the clergy, and a teacher. Seeing what can be learned from each case that is applicable to any case involving ethics and boundaries.

OBJECTIVES:

- Process and resolve several case studies involving issues of ethics and boundaries
- Develop skills to assess people's ethical/spiritual languages and speak that language
- Develop a list of personal criteria and strategies to use when confronted with any ethical dilemma.

2:30 - 2:45 p.m.

Break/Refreshments

2:45 - 4:15 p.m.

Repeat of Breakouts

Friday, October 11, 2019

9:00 a.m. - 10:00 a.m.

Registration & Continental Breakfast

Assorted bakery including fresh baked muffins and flaky croissants with butter, assorted bagels with cream cheese, fresh sliced fruit, served with freshly brewed coffee (regular or decaf) assorted teas, and fresh orange juice.

WNHNSWA
Annual Fall Conference 2019 Registration Form
October 10-11, 2019

COMPLETE AND RETURN BY SEPTEMBER 24, 2019 TO:

Julie Severin, Rennes Health Care
WNHNSWA PO Box 1781, Appleton, WI 54912
Phone: 920-738-4861 Email: julies@rennesgroup.com

PLEASE PRINT ALL INFORMATION

NAME _____ Certification # _____

FACILITY _____

ADDRESS _____

PHONE NUMBER _____

FAX NUMBER _____

EMAIL ADDRESS _____

REQUIRE A VEGETARIAN MEAL? YES

WNHNSWA MEMBER

- Both Days: Thursday & Friday, October 10-11 **(\$165.00)**
- Thursday Only, October 10 **(\$135.00)**
- Friday Only, October 11 **(\$110.00)**

NON-MEMBER

- Both Days: Thursday & Friday, October 10-11 **(\$210.00)**
- Thursday Only, October 10 **(\$160.00)**
- Friday Only, October 11 **(\$135.00)**

STUDENT

- Both Days: Thursday & Friday, October 10-11 **(\$40.00)**
- Thursday Only, October 10 **(\$25.00)**
- Friday Only, October 11 **(\$25.00)**

Registration cannot be accepted at the door. Each person attending is responsible for paying their own individual registration fee. Payment must accompany registration.

If registering multiple social workers from member facility, please make a copy of this registration form for each registrant and submit together.

REGISTRATION DEADLINE IS SEPTEMBER 24, 2019.

A \$20.00 cancellation fee will be charged. Fees are not refundable after September 24, 2019.