

12:15-1:00 p.m.

**Lunch**

*Grilled to Perfection: Grilled Marinated Chicken Breast Sandwich topped with Provolone Cheese, Lettuce, Tomato, and Garlic Mayo on an Egg Bun with Potato Chips and Fresh Fruit. Beverage of Coffee, Decaf, Herbal Tea, Raspberry Iced Tea or Milk.*

1:00 - 4:00 p.m.

**Continue Ethics and Boundaries**

**Doug Smith, MDiv, MA, MS**

4:00 p.m.

**Closing, Evaluations, Certificates**

**About the Speakers**

**Toni Kettner, BSN, MHS, NHA, CPHQ,  
Nursing Home Project Specialist at MetaStar,  
Inc.**

Toni Kettner received her Bachelor's of Science in Nursing from Viterbo College in La Crosse, Wisconsin, and her Master's Degree in Health Administration from The University of Phoenix.

In addition, Toni has completed the Gerontological Certificate program from the University of Wisconsin-La Crosse, is Wound Care Certified, and is a Certified Professional in Healthcare Quality. She maintains her Nursing Home Administrator's license for Wisconsin and has extensive experience in long term care, home health care, managed care, and quality improvement.

**Mia Croyle, BA, MA, Behavioral Health Project  
Specialist at MetaStar, Inc.**

Mia Croyle has her BA in English and International Service, and her MA in Clinical Mental Health Counseling.

She has 10+ years of experience developing and delivering trainings related to behavioral health topics for health care professionals. I have extensive experience planning and preparing educational materials within the University of Wisconsin School of Medicine and Public Health for health profession students and continuing education participants.

**Doug Smith, MDiv, MA, MS**

Doug is the lead instructor for two counseling certificate programs: Counseling the Terminally Ill, and Counseling the Grieving at the University of Wisconsin-Madison. He also teaches a class in ethics and boundaries at UW-Madison.

He has more than 25 years of experience as a counselor, therapist, and health care administrator, and has published eight books on care for the dying and grieving.

**Wisconsin Nursing Home Social Workers Association, Inc.**

# Spring Workshop 2019

**Ethics, Boundaries, and Trauma Informed Care**

**Friday, April 12, 2019**

**Holiday Inn Hotel & Suites**

1000 Imperial Avenue

Wausau/Mosinee, Wisconsin 54455

715-355-1111 or 888-272-2792

Spring Workshop 2019  
Social Service

Wisconsin Nursing Home  
Social Worker's Association, Inc.

The Wisconsin Nursing Home Social Workers Association, Inc. Annual Spring 2019 Workshop is planned for Friday, April 12, 2019 at the Holiday Inn Hotel & Suites in Wausau, Wisconsin.

A board meeting is planned for Thursday evening, April 11, 2019 at 6:00 p.m. Members are invited and encouraged to attend the meeting.

#### **Audience**

Wisconsin Nursing Home Social Workers Association is designed for social workers, social work staff, and other long term care professionals.

#### **Continuing Education Credit**

The Wisconsin Nursing Home Social Worker Association, Inc. maintains responsibility for the program. This program has been approved by NASW-WI for six (6) continuing education clock hours.

#### **Hotel Information**

**Holiday Inn Hotel & Suites**  
1000 Imperial Avenue  
Wausau/Mosinee, Wisconsin 54455  
715-355-1111 or 888-272-2792  
Fax 715-355-6701

#### **Reservation Information**

A block of rooms has been set aside for participants the night before the workshop (April 11, 2019). Room rates are \$99.00 single/double occupancy per night. Room reservations **must** be made by March 11, 2019 to confirm room availability and rate. Room reservations/fees are the responsibility of the participant. Please contact the Holiday Inn Hotels & Suites directly and mention that you will be attending the Wisconsin Nursing Home Social Workers Association, Inc. Annual Spring 2019 Workshop.

#### **Workshop Information**

Registration fee to attend this workshop is as follows:

<b>WNHWSA Membership</b>	<b>\$85.00</b>
<b>Membership &amp; Conference</b>	<b>\$180.00</b>
<b>Conference Only (Members)</b>	<b>\$90.00</b>
<b>Facilities with 3+ (Members)</b>	<b>\$225.00</b>
+ \$90.00 for each Conference Attendee	
<b>Non-Member</b>	<b>\$140.00</b>
<b>Student</b>	<b>\$30.00</b>

#### **\*Early Bird Special\***

If you are a member or become a member by March 1, 2019, you can subtract \$10.00 from the conference fee.

The fee covers registration for the workshop, materials, break, refreshments, and lunch.

Participants are responsible for their individual workshop fees. The full fee should be sent with your registration either by a check or money order made payable to the Wisconsin Nursing Home Social Workers Association, Inc. We are unable to accept credit cards.

**Please complete the enclosed registration form and return, with the appropriate remittance, no later than March 29, 2019:**

**WNHWSA**  
**P.O. Box 1781**  
**Appleton, WI 54912**

Deadline for registration is March 29, 2019. A \$20.00 cancellation fee will be charged. Fees are not refundable after March 29, 2019.

If you have any questions about registration or cancellation, contact Julie Severin at 920-738-4861. For program information, please contact Jeff McCabe at 920-225-1999 or Lisa Leahy at 715-246-8267.

If you require special accommodations as specified under the Americans with Disabilities Act, or have any concerns with lunch, please advise us when you register.

## **Workshop Agenda**

### **Thursday, April 11, 2019**

**6:00 - 7:00 p.m.**

#### **Annual Board Meeting**

All members are invited to attend.

### **Friday, April 12, 2019**

**8:00 - 8:45 a.m.**

#### **Registration & Continental Breakfast**

*A Step Above the Rest: Fresh Fruit Juice, Fruit Danish, Cinnamon Rolls, Grande Bagels with Assorted Cream Cheese, Fruit Yogurts with Granola Topping, Coffee, Decaf, and Herbal Tea*

\*People staying the night before are encouraged to eat the continental breakfast offered by the hotel in the morning.

**8:45 - 9:00 a.m.**

#### **Opening Remarks**

**9:00-11:00 a.m.**

#### **Trauma Informed Care**

**Toni Kettner, BSN, MHA, NHA, CPHQ,**  
**Nursing Home Project Specialist**  
**and Mia Croyle, BA, MA, Behavioral**  
**Health Project Specialist**

Trauma Informed Care is part of Phase III CMS LTC regulations and becomes effective November 28, 2019. This session will help you begin to think about and plan strategies to meet the new requirement by introducing you to key terminology and concepts related to trauma/trauma informed care; providing an overview of the ACE's study and impact of ACE's on health outcomes, discussing how to build awareness of TIC in your facility and the impact of trauma on compassion fatigue and burnout; and the importance of resilience in healing. This session

will include an opportunity for interactive learning with participants.

#### **Objectives:**

- Describe the Phase III requirement and key terminology related to TIC
- Explain trauma and resilience from a historical, neurobiological, and holistic perspective
- Identify concepts that create and support a culture of trauma sensitive care
- Define the significance of caregiver well-being and self-care
- Identify strategies to prepare for the new TIC regulation
- Apply understanding of TIC through case study discussion

**11:00 - 11:15 a.m.**

#### **Break**

**11:15 a.m. - 12:15 p.m.**

#### **Ethics and Boundaries**

**Doug Smith, MDiv, MA, MS**

In this presentation, each participant will develop their own personal criteria for addressing possible future dilemmas related to professional ethics and professional boundaries. Participants will examine in detail several case studies that involved the presenter in his employment as a health care provider and administrator, a member of the clergy, and a teacher, seeing what can be learned from each case that is applicable to any case involving ethics and boundaries.

#### **Objectives:**

- Process and resolve several case studies involving issues of ethics and boundaries
- Develop skills to assess people's ethical/spiritual languages and speak that language
- Develop a list of personal criteria and strategies to use when confronted with any ethical dilemma

# WNHWSA Annual Spring Conference 2019 Registration Form

**Friday, April 12, 2019**

**Holiday Inn Hotel & Suites - Wausau, Wisconsin**

**COMPLETE AND RETURN BY MARCH 29, 2019 TO:**

Julie Severin, Rennes Health Care  
WNHWSA PO Box 1781, Appleton, WI 54912  
Phone: 920-738-4861 Email: julies@rennesgroup.com

## **PLEASE PRINT ALL INFORMATION**

NAME \_\_\_\_\_ Certification # \_\_\_\_\_

FACILITY \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

FAX NUMBER \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

- WNHWSA Membership \$85.00**
- Membership & Conference \$180.00**
- Conference Only (Members) \$90.00**
- Facilities with 3+ (Members) \$225.00 + \$90.00 for each Conference Attendee**
- Non-Member \$140.00**
- Student \$30.00**

**\*Early Bird Special\* If you are a member or become a member by March 1, 2019, you can subtract \$10.00 from the conference fee.**

Registration cannot be accepted at the door. Each person attending is responsible for paying their own individual registration fee. Payment must accompany registration. If registering multiple social workers from member facility, please make a copy of this registration form for each registrant and submit together.

**REGISTRATION DEADLINE IS MARCH 29, 2019.**

A \$20.00 cancellation fee will be charged. Fees are not refundable after March 29, 2019.